WOMEN VETERANS HEALTH CARE

You served, you deserve

★ the best care anywhere.



Women have played key roles during military service since our nation's inception. From helping with staff shortages at home to tending the battle field wounded. For women Veterans, coming home from war isn't easy.

Survival instincts develop fast during daily exposure to gunfire and explosions.

Learning to let go of that lifestyle can be difficult. Especially after returning home. Vet Centers provide free and private services to help women Veterans and active duty Servicemembers returning home and "get used to" to civilian life.

Vet Center Program

The Vet Center program was started by Congress in 1979. Congress found that a large number of Vietnam Vets were having readjustment problems.

Over time Congress included other war-era Veterans. They also kept the idea of "combat" Veterans. Recent law now allows Vet Centers to provide readjustment counseling services to certain Active Duty Servicemembers and their families.

Vet Centers are community-based and part of the U.S. Department of Veterans Affairs.

Vet Center program staff are the people in VA who welcome home war Veterans and Servicemembers with honor. They provide quality readjustment counseling in a caring manner. Vet Centers know and appreciate these individuals' war experiences. Staff assist Veterans and their family members toward a successful post-war adjustment in or near their community.

Vet Center Services

Life isn't always easy for women Veterans after a deployment. That's where Vet Centers can help. Vet Centers across the U.S. provide a broad range of services to women combat Veterans, Servicemembers, and their families.

Vet Centers guide women Veterans, Servicemembers, and their families through changes in lifestyle. Changes often occur after they return from combat. Services for a woman Veteran or Servicemember may include individual and group counseling in areas such as:

- Symptoms associated with Post-Traumatic Stress Disorder (PTSD),
- Military Sexual Trauma (MST),
- Alcohol and drug assessment, and
- Suicide prevention referrals.

All services are free of cost and are strictly confidential. Learn more about <u>services</u> offered through Vet Centers.

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Eligibility

Vet Center services are free. There is no time limits for eligible female Veterans, Servicemembers, and their families. Click here to learn more.

Vet Center National Directory

Vet Centers are located across the U.S. They are also in nearby territories (US Virgin Islands, Puerto Rico, Guam, and American Samoa). Click here to view the Vet Center National Directory and find the nearest Vet Center.

Local Vet Center Contacts

Henderson Vet Center 400 North Stephanie, Suite 180 Henderson NV 89014 702-791-9100

Las Vegas Vet Center 1919 S. Jones Blvd., Suite A Las Vegas NV 89146 702-251-7812

877-WAR-VETS Combat Call Center

Women Veterans, Servicemembers, and their families can call 877-WAR-VETS (1-877-927-8387) around the clock. This is a call center where they can call and talk in private. They can talk about any issue(s) they are facing. The staff are combat Veterans and family members of combat Veterans. This service is prepaid through the Veteran's military service.